

# Clarity Matters

Gaining greater clarity is like a fog lifting - you can see what is there and then move forward with greater certainty. Without clarity you are operating in the dark - the same obstacles, opportunities and pathways are there ahead and around you but, if you can't see them, there's no certainty and your learning, growth and progress is inhibited.

If you are looking to successfully create, change or improve something, or to better understand the results you are achieving now, clarity is critical. You can find all the answers within, if you look with commitment, honesty and ownership, and sufficient depth so you can see what you normally don't see.

Answering these three questions fully will help you.

## WHAT IS MOST IMPORTANT TO ME NOW?

Owning what is truly most important to you - which comes from care - is a critical element in any plan or strategy you have to achieve anything in your business, and in your life generally, big or small. If you are clear on what that is you don't ever need to doubt it.

In everyday life, what you care about most is what drives your decisions, actions, experiences and results. This can be very different in different moments, depending on whether you are coming from care and love, or from fear and negativity.

Being clear and owning 100 per cent what is truly most important to you will give you the clarity to see any negativity which arises within you, for what it is. It will

also help you understand why your current results are as they are - and how you can change things.

## WHAT PERSONAL BELIEFS ARE LIMITING ME?

Beliefs are powerful and can either drive or destroy your plans. A limiting belief - such as 'I could never do that' - puts the brakes on progress, with false justification. It can be sitting in your subconscious for years, taken as fact without question. Unless seen and owned, it can continue to automatically put the brakes on your achievements.

However, an empowering thought in the same circumstances - such as 'I can gain the understanding and skill required and do it' - will power your progress. You choose what you believe!

## IS CARE OR NEGATIVITY DOMINANT IN MY THOUGHTS OR ACTIONS?

For instance, you may have something specific you are very keen to achieve but you are also afraid of failing. It's okay for both to be present but, if you put a higher priority on not facing your fear of failure, this will dominate your thoughts and actions - and your achievements.

So why not choose to put what you truly care about first?

Deeper levels of clarity bring greater levels of ownership, which in turn leads to greater success. Caring enough about what you want to achieve is the key. Go well.

You may wish to read previous articles which can be found at [www.noosavanlines.com.au/care-matters/](http://www.noosavanlines.com.au/care-matters/) 



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## ABOUT THE AUTHOR

Greg is a Director of Noosa Van Lines and a Leadership Mentor. He has held a number of senior management roles, culminating in 10 years as a Group General Manager in one of Australia's highest profile companies with a divisional work force of over 6500 employees. He is passionate about helping people succeed in business and in life and in helping develop leaders with this approach. More at [www.noosavanlines.com.au/care-matters/](http://www.noosavanlines.com.au/care-matters/)

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Myra D (13 Dec 2015)



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